

LIFEPOINTNV.COM/EVENTS

- SUN** Gatherings 8:30a / 10:00a / 11:30a
LifePoint Young Adults 6:45p
- MON** Co-ed 55+ Bible Study 10:00a
LifePoint Women 6:30p*
Community Bible Study (Host-site) 6:55p*
- TUES** LifePoint Women 9:00a*
Support & Recovery 6:30p*
Family Mental Health Group 7:00p*
- WED** Individual Menal Health Group 10:00a*
Kids Midweek - BreakOut 6:30p
Middle School Midweek 6:30p
- THUR** Dementia Caregiver Support 10:00a*
Men's Bible Study 6:30p*
- FRI** Men's Bible Study 6:00a
Women 55+ Bible Study 10:00a
Single Adults 7:00p*
- SAT** LifePoint Men (4th Saturday Monthly) 9:00a*

Stop by the Connection Center to get connected!

*Childcare is provided



Give Online
lifepointnv.com/give



Give This
Weekend

B R E A T H I N G R O O M

The space between your current pace and your limits



BUSY - BREATHING ROOM

Kile Baker - January 5, 2020

Series Focus: Breathing room is the space between our current _____ and our _____.

The Believable Lies of Busyness

“ _____ ”
“ _____ ”
“ _____ ”
“ _____ ”

Scripture: Exodus 16:1-20; 24-27, Psalms 90:1-12

Key Truth: Busyness isn't about lost time, it's about a lost _____.

Next Steps:

- + _____
- _____
- > _____
- < _____

DISCUSSION QUESTIONS

1. When was the last time someone ask you how you were doing and you replied 'good, just busy'? What does being busy look like for you?
2. If you could give up one thing in your schedule right now, what would it be and why?
3. Do you think that being busy makes you lose your perspective on life and your relationships? What about your relationship with God?
4. Have you ever sat down and tried to design your ideal week? What would you like to see?
5. Do a rough draft of your ideal week. Who are you going to share it with so they can hold you accountable?

WELCOME TO LIFEPOINT



Total Given 1.827 M
Goal 2.1 M